



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------|---|---|---|---|--|
| Soup | Carrot & Coriander | Potato & Watercress | Minestrone | Vegetable Broth | Pea & Mint |
| Mains | Tomato & Basil Meatballs | Bangers & Mash with Gravy | Honey Roast Gammon | Traditional Beef Lasagne | Battered Fish with Lemon & Tartare Sauce |
| Jacket | Beans, Cheese or Tuna | Beans, Cheese or Tuna | Beans, Cheese or Tuna | Beans, Cheese or Tuna | Beans, Cheese or Tuna |
| Vegetarian | Vegetable Curry | Quorn Sausages & Mash | Vegetable Wellington | Mac 'N' Cheese | Vegetable Burger |
| Sides | Steamed rice Butternut Squash Green Beans | Mash Potato Carrots Minted Peas | Roast potato Cauliflower Steamed Broccoli | New Potatoes Sweetcorn Curly Kale | Chips Garden Peas Beans |
| Hot Dessert | Chocolate Sponge with Chocolate Sauce | Warm Apple Pie with Custard | Pear Crumble | Sweet Belgian Waffle with Winter Berries | Vanilla Sponge Pudding with Custard |
| Cold desserts | Apple & Cinnamon Cold Crumble Water melon yoghurt pots | Fruit Jelly pot Seasonal Fruit Salad yoghurt pots | Lemon Posset Honeydew yoghurt pots | Fruit Jelly pot Cantaloupe yoghurt pots | Raspberry Cheesecake Pineapple yoghurt pot |

St Aubyn's School Menu Week 1