



St Aubyn's School Menu Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Potato & Cheese	Roasted Root Vegetable	Tomato Soup	Cream of Mushroom	Roasted Red Pepper
Mains	Mild Chicken Curry with Rice	Traditional Shepherd's Pie	Roast Chicken with Sage Stuffing	Pasta Al Forno	Day Boat Fish "n" Chips, Fried, Crumbed or Grilled served with Tartare & Lemon
Jacket	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna
Vegetarian	Sweet Potato and Lentil Tagine	Quorn and Vegetable Pie	Cauliflower and Courgette Cheese Bake	Grilled Vegetable Ratatouille Pasta Bake	Halloumi and Grilled Vegetable Skewers
Sides	Potato Wedges Roasted Celeriac Sweetcorn	Squash Mash Herby Carrots Green beans	Roasted Potato Steamed Cauliflower Kale	New Potatoes Ratatouille Broccoli	Chips Mushy Peas Baked Beans
Hot Dessert	Chocolate Sponge with Cream	Apple and Pear Crumble with Custard	Warm Lemon Pudding with Cream	Fruity Flapjack	Sticky Toffee Pudding with Custard
Cold desserts	Strawberry Rice Pudding Watermelon yoghurt pots	Fruit Jelly Pot Pineapple yoghurt pots	Eton Mess Honeydew yoghurt pots	Fruit Jelly Pot Cantaloupe yoghurt pots	Banoffee Pot Fruit Salad yoghurt pots