



St Aubyn's School Menu Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Butternut Squash	Tomato	Curry Parsnip and Apple	Minestrone	Broccoli
Mains	Beef Chilli Con Carne	Chicken and Leek Pie	Roast Turkey with Cranberry Sauce	Pasta Bolognese	Day Boat Fish "n" Chips, Fried, Crumbed or Grilled served with Tartare & Lemon
Jacket	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna
Vegetarian	Mushroom Stroganoff	Filo Vegetable Pie	Roast Butternut Squash Pie	Tomato and Basil Pasta Bake	Cheddar Cheese Frittata
Sides	Braised Brown Rice Steamed Broccoli Roasted Swede	Half Jacket Potato Green Beans Cauliflower	Roasted New Potatoes Herby Carrots Minted Peas	Sautee Potatoes Braised Kale Sweetcorn	Chips Peas Sautee Leeks
Hot Dessert	Apple Crumble with Custard	Chocolate Mini Muffins	Peach Cobbler	Pear & Cinnamon Crumble with Yoghurt	Fruity Flapjack
Cold desserts	Strawberry Mousse Watermelon yoghurt pots	Fruit Jelly Pineapple yoghurt pots	Chocolate Rice Pudding Honeydew yoghurt pots	Fruit Jelly Cantaloupe yoghurt pots	Lime Key Pie Fresh Fruit Salad yoghurt pots