

# St Aubyn's School Menu Week 2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Potato & Cheese	Roasted Root Vegetable	Tomato Soup	Cream of Mushroom	Roasted Red Pepper
Mains	Mild Chickpea Curry	Traditional Lamb Shepherd's Pie	Beef Stew	Chicken Alfredo	Day Boat Fish "n" Chips, Fried, Crumbed or Grilled served with Tartare & Lemon
Jacket	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna
Vegetarian	Sweet Potato and Lentil curry	Quorn Mince and Vegetable Pie	Cauliflower and Courgette Cheese Bake	Tuscan White Bean Pasta	Halloumi and Grilled Vegetable Skewers
Sides	Basmati Rice swede Sweetcorn	Herby Carrots Roast Celeriac	Roasted Potato Steamed Cauliflower Garden Peas	Spaghetti Ratatouille Broccoli	Chips Mushy Peas Baked Beans
Hot Dessert	Chocolate Sponge with Cream	Apple and Pear Crumble with Custard	Warm Orange Pudding with Cream	Fruity Flapjack	Sticky Toffee Pudding with Custard
Cold desserts	Strawberry Rice Pudding Watermelon yoghurt pots	Fruit Jelly Pot Pineapple yoghurt pots	Eton Mess Honeydew yoghurt pots	Fruit Jelly Pot Cantaloupe yoghurt pots	Banoffee Pot Fruit Salad yoghurt pots