



# St Aubyn's School Menu Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Butternut Squash	Tomato	Curry Parsnip and Apple	Minestrone	Broccoli
Mains	Mixed Bean Chilli	Chicken and Leek Pie	Lemon and Herb Chicken	Beef Bolognese	Day Boat Fish "n" Chips, Fried, Crumbed or Grilled served with Tartare & Lemon
Jacket	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna
Vegetarian	Mushroom Stroganoff	Cheese Leek and Potato Pie	Root Vegetable stew	Tomato and Basil Pasta Bake	Cheddar Cheese Frittata
Sides	Brown Rice Steamed Broccoli Roasted Swede	New Potatoes Green Beans Sweetcorn	Roasted New Potatoes Herby Carrots Minted Peas	Penne Pasta Braised Kale Roast Peppers	Chips Peas Sautee Leeks
Hot Dessert	Apple Crumble with Custard	Jam and Coconut Sponge	Peach Cobbler With Cream	Spiced Carrot Cake with Custard	Chocolate Brownie
Cold desserts	Strawberry Mousse Watermelon yoghurt pots	Fruit Jelly Pineapple yoghurt pots	Chocolate Surprise Honeydew yoghurt pots	Fruit Jelly Cantaloupe yoghurt pots	Lime Key Pie Fresh Fruit Salad yoghurt pots