



# St Aubyn's School Menu Week 2

Fruity Flapjack Fruity Flapjack

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Pea & Mint	Roasted Vegetable	Tomato Soup	Leek & Potato	Roasted Red Pepper
Mains	Vegetarian Curry	Traditional Lamb Shepherd's Pie	Beef Stew	Chicken Carbonara	Battered Fish with Lemon & Tartare Sauce
Jacket	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna	Beans, Cheese or Tuna
Vegetarian	Vegetarian Curry	Quorn Mince and Vegetable Pie	Vegetable Stew	Mushroom Carbonara	Vegetable Croquets
Sides	Basmati Rice Sweet Potato and Lentil Spinach	Herby Carrots Roast Celeriac	Roast Potatoes Cauliflower Cheese Garden Peas	Spaghetti Ratatouille Broccoli	Chips Mushy Peas Baked Beans
Hot Dessert	Chocolate Sponge with Raspberry coulis	Apple and Pear Crumble with Custard	Warm Orange Pudding with Cream	Sticky Toffee Pudding	Fruity Flapjack
Cold desserts	Rice Pudding Watermelon yoghurt pots	Fruit Jelly Pot Pineapple yoghurt pots	Eton Mess Honeydew yoghurt pots	Fruit Jelly Pot Cantaloupe yoghurt pots	Banoffee Pot Fruit Salad yoghurt pots