

St Aubyn's School Menu Week 2



	MEAT FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Mixed Bean	Tomato	Vegetable	Leek & Potato	Roasted Red Pepper
Mains	Vegetarian meatballs in Tomato sauce	Beef Chilli or Jacket potato	Roast Chicken, Stuffing & Gravy	Macaroni Cheese with Bacon	Battered Fish with Lemon & Tartare Sauce
Jacket available to years 3 onwards	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar
Vegetarian	Vegetarian meatballs in Tomato sauce	Mixed Bean Chilli or Jacket Potato	Roast Quorn Fillet, Stuffing & Gravy	Macaroni Cheese	Cheddar Cheese Frittata
Sides	Penne Pasta Sweetcorn Roast Vegetables	Steamed Rice Tomato Salsa/Tacos Broccoli	Roast New Potatoes Peas Roast Root Vegetables	Ratatouille Savoy Cabbage	Chips Mushy Peas Baked Beans
Hot Dessert	Coconut cake	Steamed Orange Pudding with Cream	Apple and Pear Crumble with Custard	Sticky Toffee Pudding	Fruity Flapjack
Cold desserts	Berry Compote Crumble Mixed Fruit Platter yoghurt pots	Fruit Jelly Pot Mixed Fruit Platter yoghurt pots	Eton Mess Mixed Fruit Platter yoghurt pots	Fruit Jelly Pot Mixed Fruit Platter yoghurt pots	Banoffee Pie Mixed Fruit Platter yoghurt pots