

# St Aubyn's School Menu Week 1



	MEET FREE MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Soup</b>	Mushroom	Minestrone	Mixed Vegetable	Potato and Watercress	Red Lentil & Onion
<b>Mains</b>	Spaghetti in a Tomato & Basil sauce	Chicken Curry or Jacket potato	Pork Sausages	Beef Penne Al Forno	Battered Fish with Lemon & Tartare Sauce
<b>Jacket available to years 3 onwards</b>	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar
<b>Vegetarian</b>	Spaghetti in a Tomato & Basil sauce	Vegetable Curry or Jacket Potato	Vegetarian Sausages	Red Pepper and Lentil Penne Al Forno	Cauliflower Cheese
<b>Sides</b>	Butternut Squash Roast Courgette	Basmati rice Green Beans Beans	Mashed Potato Peas & Carrots	Sautéed Leeks Roast Peppers	Chips Mushy Peas Beans
<b>Hot Dessert</b>	Pineapple upside down Cake	Lemon Drizzle	Banana cake with Vanilla custard	Sweet Belgian Waffle with Summer fruits	Chocolate Sponge with Chocolate Sauce
<b>Cold desserts</b>	Lemon Posset Mixed Fruit Platter yoghurt pots	Fruit Jelly pot Mixed Fruit Platter yoghurt pots	Chocolate Mousse Mixed Fruit Platter yoghurt pots	Fruit Jelly pot Mixed Fruit Platter yoghurt pots	Raspberry Cheesecake Mixed Fruit Platter yoghurt pot