



St Aubyn's School

	MONDAY	TUESDAY	Around the World WEDNESDAY Italian Day	THURSDAY	FRIDAY
Soup	Lentil Soup	Carrot and Coriander Soup	Tomato Soup	Roast Squash	Creamy Mushroom
Main Meal 1	Pork Meatballs in a Rich Tomato Sauce with Rice	Boneless Chicken Thighs in BBQ Sauce	Homemade Pepperoni Pizza	Chick Peas and Butternut Squash Tagine Served with Pasta Penne	Omega 3 Fish Fingers or Battered Fish with Lemon
Pasta and Jacket Potato	Jacket Potato with Beans, cheese, salad bar	Pasta Penne with Tomato Sauce	Jacket Potato with Beans, cheese, salad bar	Pasta Penne with Tomato Sauce	Jacket Potato Beans, cheese, salad bar
Main Meal 2	Potato Gnocchi with Ricotta Cheese and Tomato Sauce	Quorn Jambalaya with Rice and Vegetables	Homemade Margarita Pizza	Chickpea and Butternut squash Tagine Served with Pasta Penne	Vegan Burgers with Chips and Salad
Sides	Garlic Bread Sweetcorn Steamed Broccoli	Roasted New Potatoes Cauliflower Steamed Carrots	Mixed Steamed Vegetables Grilled Courgetes	Peas Sauté Cabbage	Chips Mushy Peas Baked Beans
Desserts	Chocolate Orange Cake Mixed fruit platter Yoghurt pots Raspberry Crumble	Pine Apple & Water Melon Mixed fruit platter yoghurt pots Fruit Jelly	Lemon Drizzle Cake Mixed fruit platter yoghurt pots	Banana Cake Mixed fruit platter yoghurt pots	Homemade Cookies Mixed fruit platter yoghurt pots Chocolate Mousse