



St Aubyn's School

	MONDAY	TUESDAY	Around The World WEDNESDAY Turkish Day	THURSDAY	FRIDAY
Soup	Potato & Leek Soup	Tomato Soup	Lentil Soup	Sweet Potato Soup	Winter Vegetable
Main Meal 1	Lentil and Vegetable Bolognaise with Spaghetti Served with Garlic Slice	Open Beef Burger Served in a Bun with Cheese	Chicken Shawarma Served with Rice and Turkish Salad	Roast Gammon Roast Potato & Gravy	Battered fish with Tartar Sauce and a Lemon Wedge
Pasta and Jacket Potato Bar	Jacket Potato or Sweet Potato Baked Beans, Cheese, Salad bar	Pasta with Tomato Sauce	Jacket Potato or Sweet Potato Bake Beans, Cheese, Salad Bar	Pasta with Smoked Pepper and Tomato Sauce	Jacket Potato or Sweet Potato Bake Beans, Cheese, Salad Bar
Main Meal 2	Lentil and Vegetable Bolognaise with Spaghetti Served with Garlic Slice	Vegetarian Quorn Burger	Falafel and Hummus with Flat Bread	Pepper and Cherry Tomatoes Quiche	Vegetarian Hot Dogs with Caramelized Onions
Sides	Rocket and Tomato Salad Garlic Mushrooms Steamed Broccoli	Potato Wedges Sweetcorn Steamed Mixed Vegetables	Homemade Hummus Peas Green Beans	Glazed Carrots Steamed Kale	Chips Mushy Peas Baked Beans
Desserts	Coconut & Jam Sponge Mixed fruit platter	Vanilla Cake Sliced Melon Yoghurt Pots	Boost it Date and Dry Fruit Flapjack Mixed fruit platter	Marble cake Sliced Water Melon Yoghurt Pots	Cornflake Cake Mixed fruit platter