



St Aubyn's School

	MONDAY	TUESDAY	Around The World WEDNESDAY Chinese	THURSDAY	FRIDAY
Soup	Butternut squash	Tomato Soup	Chicken Ramen	Leek and Potato	Vegetable Broth
Main Meal 1	Pork Sausages with Mashed Potato & Gravy	Vegetarian Chilli Concarne Served with Nachos and Salsa	Sweet and Sour Chicken with Egg Noodles	Classic Cottage Pie with Gravy	Battered Fish with Lemon
Jacket Potato	Jacket Potato with Beans, Cheese, Salad Bar	Jacket Potato with Beans, Cheese, Salad Bar	Jacket Potato or Sweet Potato Bake with Spicy Chicken, Beans or Cheese	Jacket Potato with Beans, Cheese, Salad Bar	Jacket Potato with Beans, Cheese
Main Meal 2	Vegetarian Sausages with Mashed Potatoes and Gravy	Vegetarian Mild Chilli Concarne Served with Salsa and Nachos	Vegetarian Chow Mein with Noodles	Coconut and Butternut Squash Curry with Rice	Vegan Fishless Fingers
Sides	Mashed Potatoes Peas Cauliflower	Green Beans Glazed Carrots	Steamed Bok Choi Fried Cabbage	Roast New Potatoes Steamed Broccoli	Chips Mushy Peas Baked Beans
Desserts	Chocolate cake Mixed fruit platter yoghurt pots	Watermelon Slices Mixed fruit platter yoghurt pots Fruity Jelly	Mixed Fruit Crumble & Custard Melon Slices yoghurt pots	Short Bread Biscuits Mixed fruit platter yoghurt pots Fruit Salad	Boost it, Coconut & Apricot Flapjack Mixed fruit platter Yoghurt pot