



St Aubyn's School

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Simple Carrot	Cream of Tomato	Mushroom		
Main Meal 1	Vegetarian Lasagne with Mince Topped with Béchamel Sauce	Mild Vegetable and Korma with optional Poppadom	Battered Fish with Lemon Tartar Sauce		
Main Meal 2	Pasta with a Vegetable Tomato Sauce	Mild Squash and Sweet Curry with optional	Vegan Fishless Fingers		
Jacket Potato	Jacket Potato with Beans Cheese	Jacket Potato with Beans Cheese	Jacket Potato with Beans Cheese		
Sides	Garlic Bread Green Beans Cauliflower	Rice Steamed Mixed Kale	Chips Peas Baked		
Salad Bar	A Daily Selection Proteins and Salads including Lettuce, Cucumber, Sweetcorn, Tomato and Mixed Seasonal Salads				
Desserts	Lemon Drizzle Cake Mixed Fruit Platter Yoghurt Pots Whole Fruit	Banoffee Cheesecake Mixed Fruit Platter Yoghurt Pots Whole Fruit	Vanilla Ice Cream Mixed Fruit Platter Pots Whole		