



Week 1

St. Aubyn's School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Potato & Carrot	Broccoli	Roast Squash	Creamy Cauliflower	Tomato & Herb
Main Meal 1	Creamy Chick Pea Coconut & Lentil Curry with Poppadam	Pork & Herb Meatballs, Tomato & Roasted Sweet Pepper Sauce	Roast Chicken, Yorkshire Pudding & Gravy <i>(H) Halal Option Available</i>	Beef, Red Lentil, Tomato & Basil Bolognese	Battered MSC Pollock with Lemon & Tartare Sauce
Main Meal 2		Vegan Balls, Tomato & Roasted Sweet Pepper Sauce	Vegetarian Strudel, Yorkshire Pudding & Gravy	Macaroni Cheese with Roast Pumpkin	Vegan "Fishless" Fingers
Jacket Potato AVAILABLE TO YEAR 3 UP	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar	Beans, Cheese, Salad Bar
On the Side	Steamed Rice Green Beans Sweet Chilli Cauliflower	50/50 Rice Steamed Broccoli Sweetcorn	Roast Potatoes Carrots Savoy Cabbage	Pasta Penne Garlic Bread Peas	Chips Garden Peas Baked Beans
Dessert	Lemon & Lime Drizzle Cake Cut Fruit Platter Yoghurt Pots	Cut Fruit Platter Yoghurt Pots Fruit Jelly	Apple Crumble Cake with Custard Yoghurt Pots Whole Fruit	"BOOST IT" Plant Based Sultana & Apricot Oat Bar Cut Fruit Platter Yoghurt Pots	Lemon & Strawberry Cheese Cake Cut Fruit Platter Yoghurt Pots