



Week 2

# St. Aubyn's School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Cream of Parsnip	Potato & Leek	Tomato	Minestrone	French Onion
Main Meal 1	Vegan Mild Bean Chilli Served with Nachos, Salsa, Grated Cheese & Guacamole	Honey Glazed Roast Gammon with Apple Sauce & Gravy	Sweet Chilli Chicken <i>(H) Halal Option Available</i>	Slow Cook Beef Casserole with Chunky Vegetables	Battered MSC Pollock with Lemon & Tartare Sauce
Main Meal 2	Quorn Stir-Fry with Egg Fried Rice	Bubble & Squeak Cakes with Poached Eggs & Fried Sage Leafs	Nut Free Pesto and Roasted Vegetables with Oven Baked Potato Gnocchi	Pasta Penne with Tomato Basil Sauce	Pitta Bread Pizza with Roast Peppers
Jacket Potato AVAILABLE TO YEAR 3 UP	Cheese, Tuna, Beans Salad Bar	Beans, Cheese, Salad Bar	Beans, Tuna, Cheese, Salad Bar	Beans, Tuna, Cheese, Salad Bar	Beans, Cheese, Salad Bar
On the Side	Sweetcorn Seasonal Vegetables	Herby Roasted New Potatoes Steamed Carrots Winter Greens	Noodles Green Beans Bok Choy	Mash Potato Broccoli Roasted Sweede	Chips Mushy Peas Baked Beans
Dessert	Banana Cake Mix Fruit Salad pots Cut Fruit Platter Assorted Yoghurt Pots	"Homemade Oat Biscuits Strawberry Vegan Jelly Fruit Platter Assorted Yoghurt Pots	Lemon Drizzle Cake Fruit Salad Pots Assorted Yoghurt Pots Sliced Melons	Jam and Coconut Sponge Assorted Yoghurt Pots Chocolate Mousse Pots Fresh Fruit Platter	Coconut and Sultana Flapjack Strawberry Vegan Jelly Fruit Platter Assorted Yoghurt Pots