



Week 1

St. Aubyn's School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup		Cream of Mushroom	Winter Vegetable	Roast Squash	Tomato & Herb
Main Meal 1		Pork & Herb Meatballs, Tomato & Roasted Sweet Pepper Sauce	Roast Chicken, Yorkshire Pudding & Gravy <i>(H) Halal Option Available</i>	Beef Bolognaise with Spaghetti Served with Garlic Slice & Grated Parmesan	Battered MSC Pollock with Lemon & Tartare Sauce
Main Meal 2		Vegan Balls, Tomato & Roasted Sweet Pepper Sauce	Roasted Vegetable Wellington, Yorkshire Pudding & Gravy	Spinach, Feta and Cherry Tomato Quiche	Vegan Sausages
Jacket Potato AVAILABLE TO YEAR 3 UP	Inset Day	Beans, Cheese, Salad Bar	Beans, Tuna, Cheese, Salad Bar	Beans, Tuna, Cheese, Salad Bar	Beans, Cheese, Salad Bar
On the Side		Brown & White Rice Steamed Broccoli Sweetcorn	Roast New Potatoes Glazed Carrots Savoy Cabbage	Grilled Courgettes Cauliflower Florets	Chips Mushy Peas Baked Beans
Dessert		Waffle Station Strawberry Vegan Jelly Fruit Platter Assorted Yoghurt Pots	Homemade Flap Jacks Fruit Salad Pots Assorted Yoghurt Pots Sliced Melons	Apple Crumble with Custard Assorted Yoghurt Pots Chocolate Mousse Pots Fresh Fruit Platter	Banoffee Cheese Cake Strawberry Vegan Jelly Fruit Platter Assorted Yoghurt Pots